

KS2 Choir Session 3

Warm-up

- ✓ Jog on the spot. Try in slow motion and then a sprint finish!
- ✓ Put your shoulders up to your ears and then relax them. Do this two or three times, feeling the tension build and enjoying the moment of relaxation.
- ✓ Rotate the shoulders, one at a time then together, in opposite directions.
- ✓ Breathe in for a count of 4, ensuring the breath fills the bottom of the lungs and no shoulders are raised. Hold for a count of 4 with a relaxed open throat then hiss the whole breath out for a count of 4. Relax then repeat the cycle twice more.
- ✓ Tap lightly with fingertips all over the face or massage it using small circular movements with the fingertips.
- ✓ Imagine you are chewing a treacle toffee. A piece has got stuck in a tooth and you are trying to remove it.

Warm-up Song

New – Lickety Split (Singing Sherlock Book 2, p11)

- ✓ Practise saying the phrases 'lickety split' and 'lickety, rickety, tickety split' starting slowly and gradually increasing the tempo.
- ✓ Explain that it is an echo chant, apart from the question, "Fancy a chip?", when they should reply, "Yes please!"
- ✓ Listen to the performance track and encourage the children to join in with the responses.

Ask the children to sit down (on benches or chairs if at all possible), reminding them to 'sit tall'.

Main Body of the Session

Recap – Crash Beep Beep (Singing Sherlock Book 2, p21)

- ✓ Sing the verses (with actions) and check that the chorus is accurate – especially the third phrase!
- ✓ Sing verse 1 one line at a time with actions asking the children to echo.
- ✓ Continue with the rest of the song in the same way.

Recap - Tongo (sheet)

- ✓ Sing it all the way through, encouraging the children to sustain the long notes and to make good oo sounds.
- ✓ Divide the singers into two groups and have each group be the leaders.

Recap - Magic Travel Machine (Singing Sherlock Book 2, p37)

- ✓ Recap the chorus with any actions from last session.
- ✓ See if anyone can remember where the machine went for Verse 1.
- ✓ Teach the verse one line at a time, until secure.
- ✓ Sing with the performance track: Chorus - Verse 1 - Chorus

Recap - Roller Ghoster (Singing Sherlock Book 2, p61)

- ✓ Recap the opening section, with actions.
- ✓ Teach the next section ("Let us just remind you") in small chunks, but take it slowly so that the children are accurate. Encourage them to sing short 'staccato' (detached) notes but to make 'mind' and '-hind' long.
- ✓ Sing through from the beginning with the backing track.

To Finish

Recap - I Like the Flowers (Sheet)

- ✓ Recap the song from last session, line by line and adding actions if you like.
- ✓ Try it all the way through.
- ✓ Divide the group into two and ask one group to keep repeating the "boom tiara" line, creating an ostinato. Encourage a singing leader to come to the front to help with this.
- ✓ Once this is established, ask the other half to sing the song all the way through.
- ✓ Repeat, swapping over the groups and with another singing leader.

Evaluation & notes for next session

Are the children able to sustain the long notes in **Tongo**? Is their posture helping? Which group was more confident? Next time, there may be an individual child or a small group who could lead the song.

Are they able to sustain the ostinato in **I Like the Flowers**? Next time, try this again, and when they are ready, try as a round in 2 parts, with part 2 coming in when the first group reaches "I like the mountains".

Roller Ghoster - recap the middle section first next time to consolidate the new learning from this session.